



GARMIN

SPONSOR TYTULARNY



GOSPODARZ

Serock



SPONSOR STRATEGICZNY



ORGANIZATOR

Organizator: LABOSPORT Polska; Stowarzyszenie Po Prostu Sport

Data: 03.08.2025

Dystans: 1/2 IM

Miejscowość: Serock

Msc.	Nr start.	Nazwisko Imię	Miasto	Team	Kat	Msc Kat	Pływanie	T1	Rower	T2	Bieg	Wynik
1	640	Wójtowicz Wojciech	Pobiedziska	UKS CITYZEN_/BE3	M30	1	00:36:42	00:05:00	02:13:51	00:03:18	01:34:17	04:33:07
2	649	Stróżak Tomasz	Strzykuły	Java Team	M30	2	00:39:40	00:03:48	02:20:19	00:02:30	01:29:43	04:35:59
3	606	Czech Paweł	Kraków	Triathletic Team	M30	3	00:43:15	00:03:32	02:14:20	00:02:03	01:33:28	04:36:37
4	568	Łazarczyk Adrian	Warszawa		M18	1	00:45:28	00:05:22	02:18:37	00:02:46	01:30:12	04:42:25
5	647	Jaworski Rafał	Warszawa	#DawajKalachTeam	M40	1	00:43:01	00:04:30	02:27:12	00:02:23	01:33:52	04:50:58
6	631	Drażek Tomasz	Augustów		M18	2	00:35:08	00:03:25	02:28:31	00:03:00	01:42:49	04:52:52
7	580	Korulczyk Ola	Bałtów	KORULCZYK TEAM	K30	1	00:36:53	00:03:49	02:29:33	00:02:40	01:40:00	04:52:54
8	623	Ciesielski Tobiasz	Konin	TRITON KONIN	M18	3	00:36:25	00:03:24	02:20:15	00:02:31	01:51:46	04:54:20
9	589	Liman Krzysztof	Warszawa	SZKOŁA TRIATHLONU	M40	2	00:39:31	00:04:14	02:25:12	00:04:24	01:43:55	04:57:15
10	653	Makarenko Andrei	Warszawa		M30	4	00:47:25	00:05:19	02:31:28	00:03:05	01:31:39	04:58:56
11	625	Plachta Marcin	Warszawa		M30	5	00:49:33	00:05:09	02:28:26	00:02:30	01:33:54	04:59:31
12	656	Peterek Anna	Poznań	LOCO PRINT TEAM/TRI AMO TRI AMO	K30	2	00:38:08	00:04:07	02:38:57	00:03:21	01:35:46	05:00:18
13	645	Altman Jakub	Płońsk	SZKOŁA TRIATHLONU	M40	3	00:43:14	00:04:17	02:21:59	00:03:30	01:47:23	05:00:22
14	607	Miękus Tomasz	Warszawa		M40	4	00:43:39	00:04:12	02:34:36	00:03:13	01:35:49	05:01:28
15	602	Delura Michał	Warszawa		M40	5	00:40:46	00:05:25	02:41:11	00:03:52	01:38:11	05:09:24
16	657	Gall Rafał	Warszawa	RAMASPORT.PL RAMASPORT	M50	1	00:43:21	00:04:53	02:35:45	00:02:47	01:44:59	05:11:45
17	585	Bartecka Sabina	Żory	IM INSPIRATION	K40	1	00:47:14	00:05:07	02:42:38	00:03:09	01:44:08	05:22:15
18	593	Czerwiński Marcin	Skrzyszew	Coca Cola	M30	6	00:45:54	00:06:21	02:37:31	00:03:21	01:51:48	05:24:55
19	627	Bieleś Maciej	Rzeszów	IM Inspiration	M30	7	01:00:37	00:04:43	02:33:22	00:03:49	01:43:46	05:26:17
20	588	Borkowski Kacper	Warszawa		M18	4	00:45:42	00:07:28	02:43:48	00:04:12	01:45:39	05:26:49
21	573	Bednarek Piotr	Rawa Mazowiecka		M30	8	00:45:18	00:04:49	02:41:38	00:02:15	01:53:01	05:27:00
22	650	Woźniak Filip	Piaseczno		M30	9	00:48:58	00:04:31	02:39:39	00:03:01	01:52:29	05:28:37
23	619	Kotra Jacek	Smolnica	Polski Klub Alpejski	M40	6	00:43:39	00:05:22	02:39:49	00:03:47	01:57:53	05:30:29
24	639	Samoraj Maciej	Warszawa	Trimasters	M30	10	00:40:40	00:07:07	02:37:36	00:06:50	01:59:56	05:32:08
25	643	Jagięło Paweł	Piaseczno	Trimasters	M30	11	00:44:40	00:06:08	02:36:20	00:05:27	01:59:54	05:32:29
26	612	Strzelczyk Adam	Bolesławiec	Kuźnia Triathlonu	M50	2	00:45:08	00:05:51	02:40:41	00:04:23	01:56:38	05:32:41
27	652	Szoplík Zenon	Leszno		M50	3	00:54:14	00:06:00	02:39:59	00:03:24	01:50:38	05:34:15
28	629	Paczkowski Mateusz	Stanisławów Drugi		M18	5	00:46:41	00:06:36	02:54:12	00:04:41	01:44:15	05:36:24
29	646	Szymański Marcin	Ciechanów		M40	7	00:48:54	00:07:08	02:48:07	00:03:31	01:51:01	05:38:40
30	654	Górnicki Grzegorz	Wieliszew		M30	12	00:52:08	00:05:31	02:43:07	00:04:01	01:55:39	05:40:25
31	601	Zakrzewski Michał	Łódź		M40	8	00:44:38	00:06:48	02:37:30	00:04:12	02:07:35	05:40:43
32	641	Dworakowski Bartłomiej	Warszawa		M18	6	00:56:01	00:05:40	02:39:45	00:03:20	01:56:49	05:41:35
33	634	Gebel Tomasz	Żółtwin	TM IronTeam	M50	4	00:44:32	00:04:44	02:38:43	00:05:09	02:09:31	05:42:38
34	620	Jedziński Damian	Dąbrowa Górnicza	Akademia Klimatu	M30	13	00:54:04	00:07:54	02:32:59	00:05:56	02:03:47	05:44:40
35	614	Szeląg Bartłomiej	Warszawa	Rybicki Triathlon Team	M30	14	00:50:28	00:07:13	02:42:39	00:04:45	01:59:39	05:44:43
36	596	Adintsov Eugeniusz	Habdzin	A1studio A1studio	M30	15	00:48:59	00:06:09	02:47:41	00:03:48	01:58:12	05:44:48
37	604	Murawski Piotr	Warszawa		M30	16	00:42:21	00:09:54	02:41:48	00:06:57	02:04:08	05:45:07
38	575	Kolasa Dominik	Warszawa	Trimasters	M30	17	00:50:44	00:06:19	02:33:27	00:03:53	02:12:30	05:46:53
39	595	Trawicki Patryk	Białobrzegi		M30	18	00:44:04	00:05:34	02:50:19	00:03:02	02:05:03	05:48:02
40	586	Żołnowski Tomasz	Józefów	Vamos Racing Team	M30	19	00:48:20	00:04:18	02:44:18	00:03:01	02:10:22	05:50:18
41	578	Palmowski Robert	Zgierz	TRIMANAXE	M50	5	00:56:03	00:06:15	02:44:36	00:02:51	02:00:59	05:50:43
42	594	Kubicki Jakub	Gliwice		M18	7						05:50:49
43	628	Wilk Piotr	Warszawa		M40	9	00:46:27	00:05:55	02:44:44	00:05:24	02:09:04	05:51:33
44	576	Kodzis Piotr	Boksze Stare	ooo.ovovo.ooo	M50	6	00:52:24	00:07:12	02:48:39	00:04:46	01:58:41	05:51:41
45	648	Mróz Dariusz	Warszawa	Kuźnia Triathlonu	M50	7	00:54:51	00:05:33	02:36:54	00:04:05	02:10:33	05:51:56
46	566	Muszynski Mateusz	Warszawa - Polska		M18	8	00:56:33	00:06:10	02:59:25	00:03:07	01:47:26	05:52:40
47	636	Paczos Wojtek	Lublin	TriZ Performance	M40	10	00:51:21	00:05:46	02:46:34	00:04:23	02:05:59	05:54:02
48	617	Stroński Marcin	Kielce	NSK Run Team	M40	11	00:53:38	00:07:41	02:49:31	00:05:04	01:58:32	05:54:25
49	582	Lew-Starowicz Michał	Warszawa		M40	12	00:43:39	00:07:07	02:50:30	00:05:41	02:09:45	05:56:42
50	610	Dąbrowski Stanisław	Warszawa		M18	9	00:46:49	00:08:28	03:03:15	00:04:37	01:55:10	05:58:19
51	655	Polanowski Jan	WRZEŚNIA	POLANOWSKI PROPERTIES SP. Z O. O.	M30	20	00:57:32	00:05:43	02:41:28	00:04:42	02:08:56	05:58:20
52	624	Ciocek Adrian	Warszawa	SZKOŁA TRIATHLONU	M18	10	00:42:36	00:05:06	02:50:05	00:04:06	02:16:44	05:58:36
53	592	Madej Tomasz	Białobrzegi	P&G	M40	13	00:42:43	00:06:59	02:42:22	00:05:00	02:23:00	06:00:03
54	570	Ustarbowski Piotr	Ostrołęka	AG Bez limitu Ostrołęka i okolice	M30	21	00:54:10	00:04:52	02:44:14	00:03:57	02:15:32	06:02:45
55	611	Stawiński Adam	Warszawa		M18	11	00:46:54	00:07:57	02:53:26	00:04:03	02:10:57	06:03:17
56	567	Kołowrotny Wojciech	Olszewnica Stara	Kotki Kołowrotki	M50	8	00:46:09	00:07:23	02:46:02	00:05:55	02:18:00	06:03:29
57	591	Gońda Tadeusz	Pruszków		M18	12	00:50:12	00:06:29	02:54:07	00:05:29	02:13:15	06:09:32
58	605	Wanielista Hubert	Marki		M30	22	00:47:10	00:05:39	02:51:41	00:03:30	02:24:26	06:12:25
59	615	Barczak Paweł	Pruszków		M40	14	00:53:08	00:07:28	02:58:26	00:03:27	02:12:11	06:14:39
60	651	Markiewicz Paweł	Koczargi Stare		M60	1	00:56:27	00:09:56	02:52:56	00:04:55	02:12:25	06:16:39
61	659	Lewandowicz Wiktor	Lipinki Szlacheckie		M18	13	00:44:09	00:07:16	03:01:37	00:03:57	02:20:11	06:17:09
62	603	Lipka Piotr	Krasnosielc		M18	14	01:11:04	00:09:12	02:53:16	00:04:54	02:02:48	06:21:13
63	571	Brzuszek Adam	Chelm	Run a LOT	M30	23	00:48:37	00:05:04	02:54:01	00:03:29	02:31:18	06:22:29
64	616	Pawelczyk Marcin	Pruszków		M30	24	00:43:42	00:06:57	03:01:20	00:03:35	02:31:15	06:26:49

Pływanie: 2 x 0,95km

Jazda rowerem: 4 x 22,5 km

Bieg: 4 x 5,275 km



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ORGANIZATOR



Organizator: LABOSPORT Polska; Stowarzyszenie Po Prostu Sport
Data: 03.08.2025
Dystans: 1/2 IM
Miejscowość: Serock

Msc.	Nr start.	Nazwisko Imię	Miasto	Team	Kat	Msc Kat	Pływanie	T1	Rower	T2	Bieg	Wynik
65	598	Łotowski Emil	Legionowo		M30	25	01:07:42	00:07:30	03:08:35	00:04:50	02:03:23	06:31:59
66	622	Kwiecińska Małgorzata	Legionowo	Bravehearts Legionowo	K30	3	00:52:17	00:08:05	03:25:35	00:04:22	02:05:23	06:35:41
67	608	Dwornik Michał	Podkowa Leśna		M50	9	00:53:14	00:07:41	02:58:19	00:06:16	02:31:09	06:36:39
68	638	Świstak Mateusz	Piastów	Quasars Mateusz Świstak	M40	15	00:48:11	00:07:54	03:13:19	00:04:39	02:23:41	06:37:43
69	635	Styk Nicole	Warszawa		K40	2	00:58:40	00:06:58	03:25:01	00:04:10	02:07:47	06:42:35
70	597	Cybulski Rafał	Warszawa		M30	26	00:57:22	00:08:47	03:19:12	00:06:16	02:11:56	06:43:33
71	599	Samuseu Raman	Warszawa		M18	15	01:03:44	00:15:57	04:14:29	00:05:18	01:14:36	06:54:03
72	572	Kozłowski Łukasz	Jabłonna		M30	27	00:55:25	00:16:59	03:10:14	00:05:38	02:27:26	06:55:42
73	569	Włostowski Adam	Warszawa - Polska		M30	28	00:54:25	00:06:50	03:29:14	00:03:00	02:24:00	06:57:28
	584	Ustarbowski Tomasz	Swarzewo		M30		00:55:49	00:07:10	03:07:49	00:05:09		DNF
	618	Iwanicki Łukasz	Warszawa	TriWawa	M40		00:43:16	00:05:09	02:27:45	00:03:44		DNF
	642	Kondratowicz Mateusz	Warszawa		M18		00:50:50	00:05:04	02:48:40	00:03:42		DNF
	577	Wolak Paweł	Nowe Miasto Lubawskie	OrkaMasters Itawa	M18		00:44:27	00:05:11	02:42:04	00:02:56		DNF
	587	Hawryluk Kacper	Warszawa		M30		00:58:24	00:06:43	02:59:49			DNF
	660	Adrianowski Krzysiek	Dubeninki	T3 Triathlon Club Liberty AirBike	M30		00:37:21	00:03:41	02:22:58			DNF
	621	Tucharz Sebastian	Warszawa		M50		00:57:20	00:08:10				DNF
	600	Rosiński Jakub	Warszawa	TEAM TRENUJ	M30		00:50:46	00:05:30				DNF
	574	Grzelak Łukasz	Toruń		M30							DNS
	579	Daniel Piotr	Piaseczno		M18							DNS
	581	Bitkowski Jan	Warszawa		M18							DNS
	583	Zdanowicz Kamil	Chylice-Kolonia		M18							DNS
	609	Wasiak Bartosz	London		M40							DNS
	626	Szyjka Krzysztof	Warszawa	K2 Runners	M50							DNS
	632	Bukowski Damian	Słupsk		M30							DNS
	644	Jaworski Jacek	Lublin		M40							DNS
	658	Prokurat Jakub	Warszawa		M40							DNS

Pływanie: 2 x 0,95km

Jazda rowerem: 4 x 22,5 km

Bieg: 4 x 5,275 km